

La Misión - Rules and regulations

A. Definitions:

A.1 Org: Organization

A.2 RD: Race Director.

A.3 PCO: Mandatory Control Post

A.4 PCV: Virtual Mandatory Control Post

A.5 CPO: Mandatory Control Post

A.6 CAMP:

A.4 Must: This Word means the action is mandatory

B. Categories

B.1 Individual

- Men's
- Women's

B.2 Teams of two members

- Men's
- Women's
- Mixed

B.3 Sub-categories

-Individual: Men's and Women's

Cat Senior A: Born between 1976 a 1992

Cat Senior B: Born between 1975 a 1961

Cat Veteran: Born between 1960 a 1951

Cat Master: Born in 1950 to low

-Teams: Men's / Women's / Mixed

(the sum of the age of each competitor)

Cat A: Until 70 years

Cat B: Since 71 until 99 years

Cat C: Since 100 years

B.4 Categories rules.

Classification and awarding of the first three in each category be formed according to the General Ranking of arrival according to the following rule: The formation of the podium with the top three in each category will be in the spirit of reward participants according to their ages following the logic that indicates that the younger have athletic on the of older, so if any of the three classified to the podium in each category has before him in the General Ranking someone of the following category (older) benefits, the last locked his award. (Not its classification in the General Ranking, is only affected his awards and podium)

Example: If the 3rd in the Senior A men's category classification has before him in the General Ranking someone category Senior B men's this last locked his podium finish in the Senior A grade and is not awarded. Is this example category Senior A men's would have a podium with the 1st and 2nd placed only (the 3rd was blocked by a person in the Senior B category)

C. The Race

C.1 La Misión is a Trail / Trekking non stop which will go through 150 km of mountain.

- C.2 The route is secret and only will be released prior to the start overnight.
- C.3 The route will be delivered marked in a topographic color map where containing checkpoints by where must pass and will also be the trails marked by can go.
- C.4. With the map will receive a roadmap with instructions.
- C.5 In some sectors of the race may choose different routes to go to the same PC. Example: "To go from the start to the PC1 can go through the creek valley or by the mountain ridges". The instructions recommend one or another but each one will choose which follow.
- C.6 All runners will start the race at the same time with all the required equipment in yours backpack, more the food and clothing to survive during the entire race.
- C.7 The maximum time to complete the travel will be 76:00 hs
- C.8 Competitors must pass mandatory and chronologically by all CPO, PCV, Camps, following the instructions until the finish line.
- C.9 Racers are not eligible to receive scheduled external assistance during the race, except if from residents of the place as settlers or farmers. For example. You can not receive assistance from family or friends.
- C.10 There will not be mandatory stops or "dead" times. Each competitor must manage its rate of progress, stops and breaks anywhere in the route.
- C.11 There will be two camps of the Organization, in the km 50 km and the km 100 approximate, where work "canteens" and where the runners can buy hot food and drinks (patys, stew, soft drinks, beer, sweets, and biscuits)
- C.12 The General Ranking will be reporting over the Internet .
- C.13 There will be a General Ranking, and a classification by categories (see above in classification rules by category)

D. Instructions / map / Control Post / Passport

- D.1 The night before the race will be delivered the race instructions and maps with the different checkpoints and trails marked.
- D.2 PC, CPO, PCV, Camp: All are checkpoints where competitor must pass chronologically according to mark the instructions.
- D.3 Maps will be color and scale 1/50000 and there will be marked all checkpoints and the paths where you must go.
- D.4 Each competitor will receive a magnetic passport and a Virtual passport to be submitted in the control post to certify that they passed through the corresponding previous control posts.

E. Equipment required

- E.1 We will require a basic security equipment for individual and Team of two people to bear during the entire race team. (See equipment on the Web)
- E.2 We will require a first aid kit with mandatory elements that each competitor must carry during the entire race. (See list on the Web)

F. Race Director

- F.1 The Race Director is the highest authority during the competition.
- F.2 The Race Director reserves the right to make changes to the original route of the race for security reasons related climate at any time of the competition.
- F.3 The Race Director reserves the right to withdraw from competition to any

competitor does not comply with the rules of procedure, or affecting the development of it in its discretion.

G Entry Fee / Promotions / Payment

G.1 Registration opens in the month of March 2010 from Web page.

G.2 There will be a quota maximum 600 runners

G.3 The entry Fee value is us 250 per person until April including.

Since may month the value shall be increased to us 275 until the month of August including and since September the value shall be increased to us 300.

G.4 **The payment method:** To reserve the place each competitor must make a first payment of us 100 and the price freezes at the value corresponding to the period made the first payment and the rest may be paid in shares during the year or all together in the same race in November. Each one is free to make your payment plan.

Example 1: For the first payment of u\$d100 before of may the value freezes us 250. (rest u\$s150)

Example 2: For the first payment of u\$d100 between May and Sep including the value freezes u\$d275 (rest u\$s175)

Example 3: For the first payment of u\$d100 between Sept and Nov the value freezes u\$300 (rest us 200)

G.5 If a person sends the registration request at a lower value but performs the first payment in the following period will you be priced period makes the payment and not the period was sent to the application for registration.

G.6 Participating of the **Mission Trail Series** (Short and Half) gets a quota and up to 20% discount on the value of the mission entry fee. See www.lamisionrace.com.ar/mts

H. Individual responsibility

H.1 Each competitor is responsible for its own performance in the race. He or she will judge if should or can be, or not in the race. Unless the doctor or the Race Director decided to exclude from it for security reasons related to health.

H.2 Each competitor must have insurance against personal accident and death covering at least the four days of the race. Who does not have its own insurance may purchase it a day before the start in the registration of the race with the Sancor Insurance Company.

H.3 Each Competitor must sign an informed consent where assumes that you are physically fit to perform this test and where renounced all kinds of legal action against the organization by any circumstances or reason.

H.4 participants must be over 18 years.

I. Safety and emergency.

I.1. In case of emergency competitor must make use of the compulsory VHF radio to try to contact the Organization and wait for help.

I.2 All competitors must compulsorily assisted to another that you need.

I.3 In case of lost competitor must try auto evacuate themselves.

J Disqualifications

J.1 if a competitor does not register through one or more control posts will be disqualified.

- J.2 If a competitor lacks any equipment required items during the race will be disqualified.
- J.3 If a competitor of team abandoned the race for any reason your partner must also leave and may not continue in the race.
- J.4 If a competitor loses any of the passports will be disqualified.
- J.5 If a competitor has not sportive attitudes or aggressive or destructive attitudes with other competitor or nature will be disqualified. Example: Insults or aggressiveness among runners or against the organization.
- J.6 If a competitor use any means of transport will be disqualified
- J.7 The GPS is forbidden.
- J.8 If a competitor advances by a prohibited area specified in the instructions will be disqualified.
- J.9 Is forbidden to friends or relatives of the riders enter or attempt to enter the camps or PC's to view or attend to a competitor.
- J.10 Is forbidden to friends or relatives of the riders maraud roads through which passes the route to view or attend to a competitor.
- J.11 If the competitor accepts any assisted from family members or friends will be disqualified.
- J.12 A competitor may be penalized or disqualified even after competition, to take the Race Director of some lack knowledge to this regulation.
- J.13: If a runner decides to abandon the race due to tiredness, or do not arrive in time to certain Control Post or non-serious health issues, must leave up to the nearest road on their own, return to the city of the race and alert to the organization